

Media Release

Date: 15 April 2014

LEARN ABOUT SPORT INJURIES FROM HEALTH EXPERTS

Locals are invited to a free community health seminar on sporting injuries on Thursday 29 May.

Bone and joint experts from Royal North Shore Hospital and the Kolling Institute, Professor David Hunter and Professor Chris Little, will speak about sport injuries and their impact on bone and joint health.

They will also be joined by Channel Nine's Dr John D'Arcy and former rugby union player, Damian Smith.

Sport injuries, and in particular joint injuries, require serious medical attention. These injuries can affect your ability to continue to enjoy sporting activities. For example, a rupture of the anterior cruciate ligament (ACL), a major supporting ligament in the knee, is one of the most frequent and morbid musculoskeletal injuries affecting physically active men and women.

A large proportion of sporting injuries lead to osteoarthritis (OA) within 10 to 20 years. OA is the most common of all joint diseases, and is a leading cause of disability. OA also has an alarmingly large, and growing, worldwide socioeconomic impact.

This free seminar will review the progress in sport injury and OA research, and how results are contributing to reducing the impact of joint injury. You will also learn more about prevention methods and treatments for sport injuries and OA.

Event: Sporting Injuries: A discussion on sports injuries and their impact on bone and joint health

Date: Thursday 29 May 2014, 6pm to 8pm

Location: Level 5, Kolling Building, RNSH, Westbourne St, St Leonards

RSVP: 02 9463 1887 – places are limited.

Featuring: Professor David Hunter, Professor Chris Little, Dr John D'Arcy, and Damian Smith. Hosted by the Institute of Bone and Joint Research, Kolling Institute of Medical Research.

More information: <http://sydney.edu.au/medicine/ibjr>

ENDS

Media inquiries: Tanya Holloway 9463 1778